



Growing Up fact sheets

Introduction, purpose,
audience!



Growing Up fact sheets are designed for AIDS organization members, paramedical staff and doctors who work in the fight against AIDS in Africa. Presented in a succinct and clear fashion, they provide aspects of answers to the main issues concerning HIV prevention, treatment and care in children.

Purpose

Growing Up has produced **practical reference sheets** to give concrete answers to questions encountered by those who work in **providing care and treatment for children living with HIV**.

Who are they for?

They are specifically designed for health care workers who do not necessarily specialize in HIV infection in children but who frequently or occasionally deal with issues in that area. This includes medical and psychosocial personnel working in family HIV care and treatment centres: general practitioners, nurses, nurse's aides, health care workers, pharmacists, counselors, psychologists...

What do they look like?

Format

Each fact sheet consists of two 8 by 10 pages conveniently designed for double-sided printing.

Color and topics

The sheets are color-coded by topic, belonging to one of seven topics below.

General

Diagnostics and Testing

Medical Care and Treatment

Counselling and Psychosocial Support

Antiretroviral therapy

Nutrition

Prevention of Mother to Child Transmission

Levels of difficulty

Stars at the top of each fact sheet indicate its difficulty level:

- * 1 star: easy / I'm a beginner / for a general audience
- ** 2 stars: medium / I am learning / for those with some basic familiarity
- *** 3 stars: difficult / I am increasing my knowledge / for specialists

Composition

The fact sheets are broken down in the following way:

- Heading
- Sub-heading
- Subject
- Issue number
- Stars indicating the difficulty level
- Case study
- Article on the issue
- "Key messages" section
- "To find out more" section

Languages

The reference sheets are available in English and French.

How do you use them?

A subject

The fact sheet's title includes the subject that will be exposed.

Understanding the case study

Each fact sheet describes a case study, possibly drawn from real life, which illustrates a particular situation and problem. The case study contains hints and key words that help to understand the specifics of the answer developed in the fact sheet.

Simple yet precise answers

The fundamentals of the issue are described in several sections:

In the first section, we review theoretical information, if necessary. In another section, we develop practical aspects accompanied by graphs, tables or drawings, in a simple and precise manner giving a general answer to the given problem. Based on these elements, we then suggest a specific answer for the case study.

Remembering what is important

The “Key messages” section reviews the most important information discussed in the fact sheet. However, read the complete fact sheet and not just the “Key messages” section to understand thoroughly the information presented.

Learning more

The “To find out more” section lists books, publications, internet sites and other resources that give additional information to what was discussed in the fact sheet.

Tips

The issue number is useful!

Each fact sheet is individually numbered so it is easy to find a missing sheet. The number is at the top of the first page.

Keeping organized so you can find them!

Once they have been printed, you can file the fact sheets according to subject. This makes them easy to consult and share by many users!

To know

The Growing Up team writes the fact sheets and a committee of experts then reviews them before publication. This committee is composed of health professionals, university teachers and heads of African and French organizations working in the fight against HIV/AIDS in Africa.

This project is the result of a collaboration between Sidaction, Initiative Developpement and Sol En Si - three French organizations working in the fight against AIDS, particularly in Africa.

Key messages

- The fact sheets are for a general audience consisting of those who are involved in the fight against AIDS in Africa.
- They offer adapted answers to improve care and treatment for children living with HIV or exposed to HIV.
- Available in French and English, they will become your daily companion.
- The Growing Up programme is a joint project of Sidaction, Initiative Developpement and Sol En Si.

To find out more

- > **You can download the fact sheets from the Growing Up website:**
<http://www.grandir.sidaction.org/2-10/publications-grandir/fiches-pratiques.htm>
- > **Comments or questions? Contact us at:**
grandir@sidaction.org